



Sugar Grove Chamber of Commerce & Industry

FARMERS MARKET GAZETTE

WEEK 2 Join us on Facebook - Sugar Grove Farmers Market JUNE 12, 2010

Opening Day A Storm of Activity in Sugar Grove

Although the morning was damp and rainy, the first market of the season was a bright spot in Sugar Grove. Almost 400 people (not counting the kids) visited the Market, many for the first time, and the reviews we received from the customers were glowing!

Special thanks to **JoJo** the Clown, her Business Manager Karen McCannon and Calico Rose who were on hand to face paint and all kinds of great stuff! Thank you Clown People!

Special thanks, too, to Ryan Reuland of Reuland Food Service for bringing a special touch to our opening day!

Did You Know?

Asparagus is spring's most luxurious vegetable. It was once cultivated for medicinal purposes as a natural remedy for blood cleansing and diuretic properties. During the Renaissance, asparagus was also promoted as an aphrodisiac and banned from the tables of most nunneries.

Botanically, asparagus is a member of the lily family, closely related to onions and leeks, though it bears no resemblance to them in appearance or flavor. It is a finicky plant, harvested by hand and requiring much attention during the brief growing season. Left to mature it will sprout into beautiful feathery ferns that are often used in floral arrangements.

NEXT MONTH'S SPECIAL FEATURE

Live Demo Day

This very special day offers our vendors, and Chamber members, the opportunity to demonstrate their products or services to patrons of the Farmers Market. Come to get great ideas for preparing delicious dishes, for decorating, and much more. If you are a vendor or a Chamber member who would like to participate, please let Pat Graceffa (patdangraceffa@msn.com) know by July 3 so we can be sure you have a



This Week's Specials

Burgin Farms -- Sirloin and 1 pound of hamburger 20 dollars.

The Pampered Chef -- Book a show get a FREE party.

Tupperware -- 15% off all Modular Mates Storage containers.

Raffle Winners

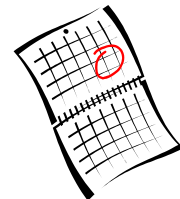
Last week's Corn Boil 50/50 raffle was won by Sheri Young. Don't miss your chance to win big this week, and help ensure great fireworks at this year's Corn Boil!

Nancy Young won the beautiful necklace crafted by Sugar Grove Jewelry Artist Louise Coffman. Check out this week's beautiful raffle item. Proceeds benefit the Sugar Grove Library Friends.

Congratulations to our winners!

Market Hours:

Every Saturday morning from
June 6 through September 26
8 am - Noon



Calendar of Market Events

July 10-Live Demo Day

Aug 14-Dog Days of Summer

Sept 4-Pie Contest

Sept 18-Plant Exchange

Sept 25-Harvest Market (8am - 1pm)

JOJO, CALICO ROSE & FRIENDS and the **Sugar Grove United Methodist Church's Bake Sale** will be with us the first Saturday of each month.

If any of the above special events sounds like something your organization or business would like to participate in, just let us know at the Information Tent or email: patdangraceffa@msn.com

Our Vendors

Big Fat Soap Co. – Debbie Richards (Handmade soap)

Burgin Farm – Bob Burgin (Beef & Pork) Now accepting Visa, Mastercard & Discover

ChiroOne Wellness Center -- Christel Brake/Alison Clemens

Fasel's Nursery – Orland Fasel (Indoor & outdoor plants, garden art, etc.)

Gigi Hill Bags – Susan Chapple (Bags for fun, business & travel)

Grandma's Eggs – Paul St. John Bonnie Ogle (Fresh eggs)

Homemade Gourmet – Rebecca Gengler & Bonnie Wooten

Hot Dog Cart -- Mychelle Pritchard (Hot dogs, brats, chips & soda)

JC's Baby Boutique -- JoAnn Clabots (baby toys, clothes, blankets, quilts, shower gifts)

Norway Farm - Milt Westlake (Fresh veggies & fruit, gourmet condiments, premium hanging baskets, flats of garden flowers, home made sauerkraut)

Norwegian Treats – Virgil Duvick (Swedish treats)

Olson Chiropractic – Cassi Lukowich

Sterchi Chiropractic -- Jill Loetscher (chair massage & free samples)

Sweet Sensations – Geri Kleinprinz

The Pampered Chef – Marguerite Ledone & Shannon Warford

Tupperware – Indra Singh

Twin Garden Farms-- Gary Pack

Corn Boil 50/50 Raffle – Corn Boil Volunteers

Info Tent – Market information, Used book drop off, Sugar Grove Library Friends Jewelry Raffle, Lions Club Eyeglass drop-off.

Recipe Corner

Grilled Mojo Chicken Salad With Asparagus & Oranges



- ½ c. orange juice concentrate
- ⅓ c. fresh lime juice
- 2 large garlic cloves, chopped
- 1 tablespoon chopped fresh mint
- 1 teaspoon dried oregano
- 1 teaspoon ground ginger
- ½ teaspoon salt, and pepper, to taste
- 6 tablespoons extra-virgin olive oil, plus extra for drizzling
- 1¼ pounds boneless skinless chicken breasts
- 3 oranges
- 1 bunch medium asparagus, tough ends snapped off
- 12 cups mixed salad greens

1. Whisk first 7 ingredients plus 2 Tbs. oil in a 2-cup measuring cup. Pour all but ¼ cup of mixture into a gallon-sized zipper bag. Add chicken; seal and refrigerate 30 mins. - 4 hours. Whisk ¼ cup of oil into remaining mixture for dressing. Peel and section oranges. Sprinkle asparagus with oil, salt, pepper.
2. Build a fire on one side of grill (to conserve charcoal). When coals are covered with white ash, place chicken on rack over direct heat, cover and grill until well browned, 4 to 6 minutes. Turn, cover and grill another 4 to 6 minutes. Remove chicken and add asparagus spears. Grill 3 to 5 min., until well browned and just cooked through.
3. Remove chicken and let stand for 5 minutes or up to 1 hour. Cut, crosswise, into 1/2-inch-thick slices. Toss greens, oranges, salt and pepper with most of the dressing. Arrange salad in six shallow bowls. Place chicken and asparagus over each. Drizzle with remaining dressing.

USED BOOK DROP-OFF

The Sugar Grove Library Friends are collecting books at the Information Tent for their Used Book Sale. Proceeds from the sale are used to fund programs at the Sugar Grove Library.

Between Friends Food Pantry Donations

The current economic conditions have made services such as the Between Friends Food Pantry more important than ever. We accept donations and deliver them to the food pantry.



USED GLASSES DROP -OFF

Don't throw away those old prescription glasses! Bring them to the Information Tent for the Lions Club to recycle!

CANS FOR COMPUTERS

Our market is a drop-off point for your empty rinsed aluminum cans. The proceeds go to Kaneland PTO, who will use them to purchase computers for the classrooms.

FARMERS MARKET GAZETTE is published weekly throughout the Market Season, and is available at the Sugar Grove Farmers Market and the Sugar Grove Chamber of Commerce office at 30 Division Drive, Suite A